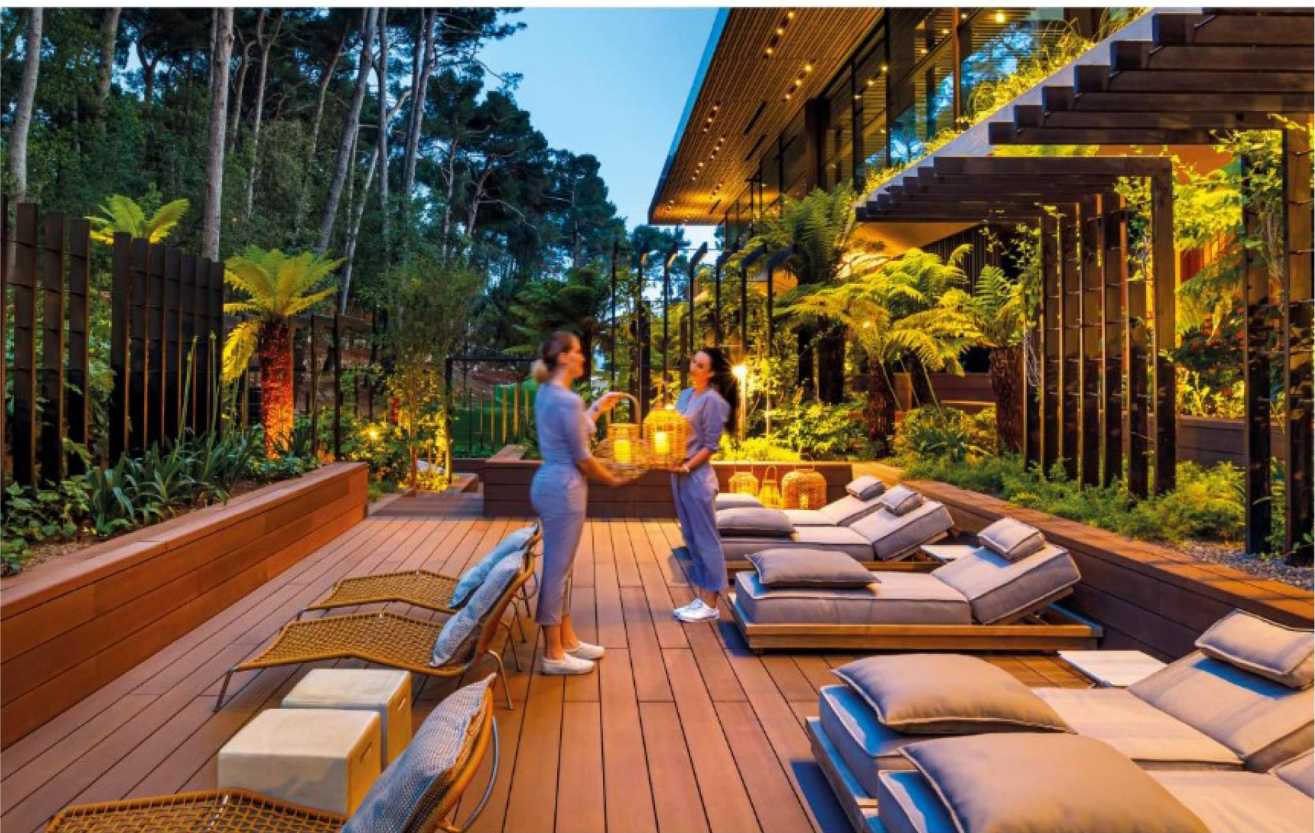


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£10m Spa at Carden Park to open in autumn 2019



Steve Ewing

UK: The £10m (€11.1m) new spa at Carden Park hotel in Cheshire will open in autumn 2019, providing guests with a 'premium and personalised wellness experience'.

HB Architects, Barr + Wray Interior Design and spa consultant Nicki Kurran have designed a 4,500sqm spa over two floors with 14 treatment rooms, extensive hydrothermal experiences and a 2,400sqm multi-sensory wellbeing garden.

Primary product partner Elemental Herbology will design a full range of face and body treatments based on the Five Element Theory of Traditional Chinese Medicine. The treatment menu will also feature professional brands Oskia, Margaret Dabbs and Made For Life Organics.

Ellisons supplied Living Earth Crafts treatment beds as well as luxurious Belava pedicure chairs, while the spa's thermal cabins and vitality pools were supplied by Barr + Wray and its outdoor hot tubs by Rijo Spa.

There will also be a Bollinger Beauty Bar in partnership with the prestigious Champagne house, which will offer a menu of express treatments, including manicures and pedicures using Jessica polishes, and grooming extras including Deesse LED light therapy masks.

"I believe we are working on something really special here," said Steve Ewing, spa director of The Spa at Carden. "In terms of design and concept, it's stunning and will be one of the best destination spas in the UK. We'll be working hard to bring together a skilled, five-star team to deliver a client journey like no other."

www.cardenpark.co.uk



August debut for 5,000sqm Alpine spa at Lefay Resort & SPA Dolomiti



ITALY: The second luxury eco-spa resort under the Lefay Resorts brand is to open on August 1.

Lefay Resort & SPA Dolomiti has been built in a UNESCO World Heritage site in the ski area of Madonna di Campiglio and was designed by Hugo Demetz with interiors by the Lefay Project Team in collaboration with Studio Apostoli.

Featuring a 5,000sqm Lefay SPA, which is said to be one of the largest in the Alpine region, facilities will include a fitness area, an indoor/outdoor pool and a heat zone of nine saunas and steambaths of varying temperatures, all supplied by the Hofer Group, which also supplied a salt grotto.

Treatments will focus on Lefay's wellness

method, which combines Classical Chinese Medicine with western techniques, and includes massages and facials as well as anti-ageing therapies on treatment beds supplied by Lemi and Starpool.

A series of signature energy treatments will aim to 'rebalance and rejuvenate' the body by stimulating Classical Chinese meridians.

Five energy circuits have also been created with different levels of temperature and humidity, and dedicated phytotherapy (herbal teas) designed to help guests understand the type of energy they need to find balance.

Journeys will include the Green Dragon Path with dandelion and bitter herbal tea and a medium

temperature sauna, as well as the Red Phoenix Path, which has a dry heat zone, a cold bath and lavender and passionflower teas.

Guests can relax in the Alpine saltwater lake and adjacent salt grotto, whilst mud therapy is also offered using mud from the Val di Genova which is enriched with malachite, magnesium and rhodolite to energise and stimulate.

The resort will feature 88 suites and 22 branded residences, including the Royal Pool & Spa Suite, which features a private treatment zone, two saunas supplied by Stenal, an indoor whirlpool from Jacuzzi and an outdoor hot tub from Sanikal.

www.lefayresorts.com