

europaean Spa

DIGITAL EDITION

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●●● THE BUSINESS MAGAZINE FOR SPA AND WELLNESS LEADERS



HEAT EXPERIENCES

Our Expert Guide reveals how to maximise your thermal suite

THE RANCH ITALY

The celebrated US wellness retreat comes to Palazzo Fuggi

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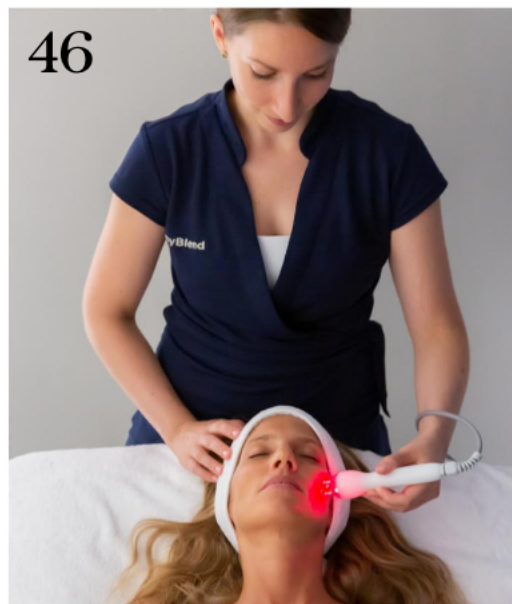
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Wellness Therapy Collection

Studio Apostoli and Varaschin

A furniture system designed with spas and wellness centres in mind, the Wellness Therapy Collection is based on simple geometries, pure lines and neutral colours.

Designed by architect and designer Alberto Apostoli for Italian furniture specialist Varaschin, Wellness Therapy comprises customisable, modular elements: single and double lounge beds; a sun lounger; the Lettino Relax chaise lounge; and Sasso, a multi-sensory, multimedia side table that diffuses aromas, broadcasts audio, manages RGB lighting on the other modular elements.

Apostoli says Wellness Therapy translates the concept of balance between body, mind and soul into a furnishing system that offers light, colour, sound and fragrance options to create a relaxing experience for spa guests.

<https://wellnesstherapy.varaschin.it>

Herbal sauna

Myrtha Wellness

In the Myrtha Wellness herbal sauna, essential oils from dried herbs are diffused into the air to penetrate the skin, revitalising users while inducing a sense of deep wellbeing. To complement the season, the sauna can be configured to feature mountain herbs, citrus fruits or hay.

“Myrtha Wellness is always focused on the project, paying attention to future management and maximum functionality,” says the brand’s director, Stefano Cattaneo.

Installed at the Borgo Lanciano Resort & Spa in the Appennine Mountains, the herbal sauna is an easy-to-install, self-supporting modular system that is said to be up to 80% quicker to install than other saunas. This technology also means there’s no limits on the size of the cabin. In addition, the wooden slats with which the benches are made do not require joints, giving the inside of the sauna an elegant optical effect, and convenience use for spa guests. www.myrthawellness.com/en

