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Luxury Wellness

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Nero Spa designed by Studio Apostoli evokes holistic Wellness

LuxuryWellness features a peek into the most glorious projects of internationally renowned architect Alberto Apostoli and Studio Apostoli. In his own words he says this project connects "spa, territory and art." Alberto Apostoli is considered one of the world best spa designer and trendsetters in the field of "Wellness". His book Architecture of the Spa is that talks of the need of multidisciplinary approach to architecture. He and his studio have designed various landmark spas and wellness centres

including the Grado Thermae (Italy).

Italy's Terme Preistoriche hotel, in Montegrotto Terme, Veneto. Terme Preistoriche is a family-run hotel located just a few kilometers from Padua and Venice, in the heart of the Veneto region. The 47-room hotel was constructed around 1900. A big park with hot spring thermal swimming pools are the frame in which the hotel and it's thermal and wellness center are located. The Hotel offers a fine and typical

regional menu along with other more refined dishes, vegetarian and healthy meals. The Hotel now has a new spa designed by internationally renowned architect Alberto Apostoli and Studio Apostoli. The Nero Spa is on the "Noble" floor of the building which overlooks the centuries-old inner park, offering enchanting views of the grounds and the vapors rising from the panoramic thermal pools. The hotel and grounds also feature two indoor covered pools equipped with 56 whirlpools and 6 cervical waterfalls. Nero





Spa is a "holistic confluence of thermal treatments that utilize the properties of salso-bromo-iodic waters and D.O.C. Mature Natural Mud of the Abano and Montegrotto Terme thermal basin."

Studio Apostoli has made predominant use of glass in the spa offers guests the feeling of being fully immersed in the scenery of the Colli Euganei Regional Park. Wood and other natural building materials create a continuous dialogue with the environment and territory, while water is the connecting theme with a large contoured water basin and a vertical water wall. The spa houses five massage rooms, two face treatment stations, two hand stations and three Ayurveda cabins, as well as a green marble hammam, a salt cabin, a Kneipp path, a floating pool, and a Finnish sauna that hosts rituals by Aufguss masters. A private space for









couples includes a sauna, a steam bath, an emotional shower, and a hot tub. An art gallery marks the passage from one area to another Neró Spa New Experience is designed to offer a complete wellness experience, combining spa treatments, aesthetic treatments, Ayurvedic medicine, and fitness. The project, says Apostoli, connects "spa, territory and art."

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also incorporated a temazcal and a kotatsu into the space. Traditionally, a temazcal is a type of sweat lodge that originated with pre-Hispanic Indigenous peoples in Mesoamerica, while a kotatsu is Japanese in origin, with a circular bench and central table for tea drinking.

Neró Spa at Terme Preistoriche opened its doors to the public this summer, and the official inauguration which will take place from the 24th to the 27th of October, 2019.

